

## Ranger-guided Programs



Since the earliest days of the National Park Service, rangers have shared their knowledge through the presentation of interpretive programs—guided

walks, talks, and campfire programs for visitors of all ages. That long-standing tradition continues at Mount Rainier.

Today, our interpretive staff consists of rangers, teachers, student interns, and volunteers from a wide array of backgrounds and expertise. Please join us for a variety of free programs, ranging from informal talks at park visitor centers to junior ranger programs for kids to guided hikes, evening campfire programs, and even winter snowshoe walks. Find out who else has come to Mount Rainier and why. Discover what this mountain really is and what it may become. Meet some other users of the park’s resources—from owls to elk—and learn why they are here. Topics vary daily, and may include geology, wildlife, ecology, mountaineering, or park history.

Most programs are available from late-June until Labor Day weekend. Program schedules and

locations are posted at visitor centers and other locations throughout the park, as well as on page 7 of this newspaper. Details and short descriptions of some evening programs are also available in the calender of events on the park’s website at [www.nps.gov/mora/planyourvisit/events](http://www.nps.gov/mora/planyourvisit/events).

### HEY KIDS!

Ask for a Junior Ranger Activity Book. It’s FREE at all park visitor centers. Complete it to learn lots of cool stuff about your park, and earn a badge and certificate. And be sure to join the fun at one of our summertime junior ranger programs. See below for details.



Interpretive Activities—July 1 to September 2
<div><div>You’re Invited!</div><div>Join a park ranger for an evening program, guided nature walk or talk. Explore the nature and history of Mount Rainier National Park. A variety of programs are offered throughout the park each day.</div></div>
<div><div>Longmire/Cougar Rock Areas</div><div><div><div><div>Junior Ranger Program 6:30 p.m. daily through July 28; 6:30 p.m. Fridays and Saturdays only August 3 through August 24</div><div>Ages 6 to 11. Join a ranger or volunteer for fun and educational activities! Meet at the Cougar Rock Campground Amphitheater. Parking at the Cougar Rock Campground is limited. If you attend the program but are not camping, please park in the Cougar Rock Picnic Area across the park road from the campground. (30–45 minutes)</div></div><div><div>Evening Program 9:00 p.m. daily through July 28; 8:30 p.m. Fridays and Saturdays only August 4 through August 24</div><div>Join a ranger or volunteer for a program that involves, inspires and explores! Topics vary nightly. Meet at the Cougar Rock Campground Amphitheater. Parking at the Cougar Rock Campground is limited. If you attend the program but are not camping, please park in the Cougar Rock Picnic Area across the park road from the campground. (30–45 minutes)</div></div></div></div></div>
<div><div>Sunrise/White River Area</div><div><div><div><div>Junior Ranger Program 10:00 a.m. Fridays, Saturdays, and Sundays only July 5 through September 1</div><div>Children ages 6 to 11 are invited to join park staff for a fun activity about the mountain, glaciers, habitats and more. Meet at the White River Campfire Circle. (1 hour)</div></div><div><div>Sunrise Afternoon Guided Walks 1:00 p.m. and 3:00 p.m. daily through September 2</div><div>Learn about the natural and cultural history of the Sunrise area on this easy ramble with a ranger. Meet at the Sunrise Visitor Center flagpole. Trail is not wheelchair accessible. (45 minutes)</div></div><div><div>Evening Program 8:00 p.m. Thursday - Saturday July 4 - July 27, 7:30 p.m. August 1 - 31</div><div>Take an in-depth look at a special topic of Mount Rainier National Park during a traditional campfire talk. Meet at the campfire circle in the White River Campground. (45-60 minutes)</div></div></div></div></div>
<div><div>Paradise Area</div><div><div><div><div>Paradise Chat 9:15 a.m. daily (except Tuesdays) through September 2</div><div>The Paradise area has drawn visitors for over 100 years. Stop by the Paradise Inn and learn why. Look for the ranger inside the lobby of the Inn. (25 minutes)</div></div><div><div>Subalpine Saunter 12:15 p.m. daily through September 2</div><div>Discover the ecology of the Paradise area. Meet the ranger at the flagpole in front of the visitor center. Seventy-five minutes with the ranger plus time to return on your own. (1 mile round trip)</div></div><div><div>Nisqually Vista Walk 2:00 p.m. daily through September 2</div><div>Walk to a view of a glacier and explore the geology of Mount Rainier. Meet at the large flagpole outside the visitor center. Seventy-five minutes with the ranger plus time to return on your own. (1.5 miles round trip)</div></div><div><div>Ranger’s Choice 4:00 p.m. daily through August 11</div><div>It’s ranger’s choice! Join a ranger for a walk, a talk, or just a chat. Topics vary daily. Check at the Jackson Visitor Center information desk for the topic of the day. Meet the ranger at the flagpole in front of the visitor center. (15–30 minutes)</div></div><div><div>Paradise Inn Lobby Tour 3:00 p.m. daily (except Tuesdays) through September 2</div><div>Join a ranger to learn the “inns and outs” of the historic Paradise Inn. Look for the ranger inside the Paradise Inn. (30 minutes)</div></div><div><div>Mount Rainier: The Restless Giant shows every 30 minutes, except during special presentations</div><div>This park film explores the changing nature of Mount Rainier, the wonders of its seasons, and stories of its people—past and present—through dramatic footage and narration. Presented in high-definition video and surround sound at the Jackson Visitor Center theater. Disabled-accessible, closed-captioned, and audio-described. (21 minutes)</div></div><div><div>Solar Viewing 3:30 p.m. until at least 5:30 p.m. Friday, Saturday, Sunday, and Monday through September 12</div><div>Night Sky Viewing Just after dark until approximately midnight Thursday, Friday, Saturday, and Sunday through September 12</div><div>Look Up! Many visitors often forget that the sky is a part of their wilderness experience. Mount Rainier is a great place to learn about and enjoy the splendor of both the day and the night sky. Participate in sky viewing with our volunteer astronomer. Telescopes provided! Meet in front of the Paradise Visitor Center. Weather dependent and subject to cancellation.</div></div></div></div></div>
<div><div>Special Programs: Check at bulletin boards, visitor centers or Inns for a schedule of special programs. These may include evening programs at the Paradise Inn and other opportunities</div></div>